

FASH Workshops and Covid-19

We are still in the midst of a worldwide Covid-19 pandemic, but as most restrictions have been lifted we want to welcome you back to our Sunday workshops. There are of course still risks so we will have precautions in place.

The venues we use will be clean and we will in addition use antiviral cleaners on all touch surfaces before, during and after each workshop.

Windows and doors will be kept open during the workshops, unless severe weather makes that impractical.

Hand sanitisers will be provided or you might prefer to bring your own or use soap and water. You should avoid touching your face if you haven't just washed or sanitised your hands.

Please stay at home if you are at all unwell or have symptoms of Covid-19 – remember that currently the most common symptoms are a runny nose, headache, sneezing, sore throat, change in or loss of smell or taste.

The most important precaution you can take is to be vaccinated (double jab) and to have a booster jab if offered. We aren't going to check your vaccine status; we have to assume that you would not attend a dance workshop if you had not been vaccinated.

Please consider doing a lateral flow test the day before coming to a workshop. You can obtain a box of test kits free of charge from pharmacies. We know that they aren't always completely accurate, but if you get a positive test please stay at home and follow the guidelines in the kit for reporting your results, positive or negative.

Masks are not compulsory indoors at this type of event. But if you would prefer to wear a mask please do so. We must all respect other people's choices. FFP2 or FFP3 certified masks are the most effective.

If you prefer to stay with the same partner and if you would rather use a cross hand hold for swinging rather than a ballroom hold, please let people know. Again, we must all respect other people's choices.

You will be asked to sign in when you arrive, with your full name and contact details – email if possible and telephone number. These details are required in case a Covid case is identified in a workshop attendee, to be passed to the Covid sufferer to liaise with Track and Trace.

If you test positive for Covid-19 within 10 days of attending a workshop please let us know immediately so that we can assist you to comply with the regulations regarding Track and Trace.